



## Drug Use Policy

Lit Therapy is a safe place for many young people, their support networks and our staff. To ensure we all feel safe, Lit Therapy has strict expectations for drug use on our premises or attendance under the influence of drugs.

Intoxicated clients will not be treated at Lit Therapy. Clients attending under the influence of drugs or alcohol will be asked to leave and the session will be treated as a missed appointment, with a fee payable.

While we are a supportive environment and understand some people use substances to manage difficult emotions, we know that clients cannot be expected to concentrate, comprehend and remember discussions held while they are under the influence of any substance.

Equally, you can expect your therapist will not be under the influence of drugs or alcohol while they work with you.